



# ONLINE PATTERNS CHAMIONSHIP 2020

This event is open to all members of Authentic TKD 10<sup>th</sup> Kup and above and is for students of all ages.

The competition will require all entries to submit one pattern appropriate to their grade. It is hoped that all members will submit a video and support this event.

See below for detail and information regarding entry to this competition.

1. All video's to be submitted through your instructor.
2. Videos should be taken in landscape and in front of the student.
3. The video should have sound.
4. Students should be wearing a dobok and no shoes.
5. Each student will be put into an appropriate category to their grade.
6. Presentation of video
  - a. The student takes the ready position for the pattern to be performed.
  - b. Student starts the pattern.
  - c. When the pattern is completed, they shout the name of the pattern, return to ready stance and hold that position until the video is finished.
7. All videos to submitted by 30<sup>th</sup> October 2020.

Taekwon

Good from all Authentic Taekwon-Do Instructors